

# God why are you Hurting Me?

## Hebrews 12:12-16

### I) The Saviors Reasoning

#### A. Provide Healing for our Wounds

##### Luke 4:18

18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; **he hath sent me to heal the brokenhearted**, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

#### B. Present Help for our Weaknesses

The 18th-century British physician John Hunter, who was a pioneer in the field of surgery and served as surgeon to King George III, suffered from angina. Discovering that his attacks were often brought on by anger, Hunter lamented, "My life is at the mercy of any scoundrel who chooses to put me in a passion." These words proved prophetic, for at a meeting of the board of St. George's Hospital in London, Hunter got into a heated argument with other board members, walked out, and dropped dead in the next room.

#### C. Promote Holiness for our Walk

##### 1 John 1:5-7

5 This then is the message which we have heard of him, and declare unto you, that **God is light, and in him is no darkness at all**.

6 **If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth**:

7 But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.

### II) The Saints Responsibility

#### A. Acknowledge (Accept what God reveals)

##### Ps 51:3-4

3 **For I acknowledge my transgressions**: and my sin is ever before me.

4 Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest.

#### B. Ask (Mercy - Pardon, Power – Grace)

##### Heb 4:16-5:1

16 Let us therefore come boldly unto the throne of grace, **that we may obtain mercy, and find grace to help in time of need**.

#### C. Act (Be obedient to the leading of the holy spirit)

##### 1 Sam 15:22

22 And Samuel said, Hath the LORD as great delight in burnt offerings and sacrifices, as in obeying the voice of the LORD? Behold, to obey is better than sacrifice, and to hearken than the fat of rams.

Make a list of offences and write them on paper and burn them

## **Small Group Questions**

- 1. What goes through your mind when what God speaks to you hurts?**
- 2. Read Genesis 4 and try to list the different emotions Cain went through after God dealt with him.**
- 3. Can you relate to how Cain felt after God spoke to him? (BE HONEST)**
- 4. God is more interested in our character than our comfort, but that does not mean he does not care for our wounds, knowing this what should be our response to the steps he takes to heal our wounds even though they hurt?**
- 5. What keeps us from dealing with the issues he reveals to us?  
(List them)**
- 6. Read psalm 139:23-24, what can we do to practice this and develop this habit in our life?**
- 7. What would be the hardest part in putting this practice in our lives?**
- 8. Why do we think that if we ignore what God has revealed that it will change how he feels about it or that it would just go away without our attention to it?**
- 9. Are you ready to act on what he has shown you, if not what will it take?**

### **Memory Verse**

#### **[Ps 139:23-24](#)**

23 Search me, O God, and know my heart: try me, and know my thoughts:

24 And see if there be any wicked way in me, and lead me in the way everlasting.